

UAMS PCSM Learning Schedule		
Date	Week	Topics
7/1/2025	1	Orientation/PPE/Future of Sports Med
7/2/2025	1	PT Lecture - Navigating PT Referral ( <b>WEDNESDAY; NOON - TRM Fayetteville</b> )
<b>7/7/2025</b>	<b>2</b>	<b>Basics of US/GE Workshop (MONDAY; 8a - Van Asche)</b>
7/8/2025	2	<b>Concussion Update</b>
7/11/2025	2	What's Actually Going on With 'Popping Joints' ( <b>FRIDAY; NOON - TRM Fayetteville</b> )
7/15/2025	3	Working Collaboratively with Athletic Trainers
7/16/2025	3	Concussion Rehab ( <b>WEDNESDAY; NOON - TRM Fayetteville</b> )
7/21/2025	4	General Return to Sport Guidelines ( <b>MONDAY; 7a - Microsoft Teams</b> )
7/22/2025	4	Heat and Hydration
7/25/2025	4	How TRM Providers Think ( <b>FRIDAY; NOON - TRM Fayetteville</b> )
7/29/2025	5	DME - When to Use and What to Use
8/1/2025	5	<i>Pre-ITE to be completed</i>
8/5/2025	6	REDS and Stress Injuries
8/12/2025	7	Common Joint Instability/Dislocation Reduction
8/19/2025	8	Sports Cardiology/EKG
8/26/2025	9	Sports ENT
8/27/2025	9	Being a Sideline Physician ( <b>NOON - TRM Fayetteville</b> )
9/2/2025	10	<b>Consensus Statements and Journal Club</b>
9/9/2025	11	Thermoregulation, Heat Illness and Hydration
<b>9/16/2025</b>	<b>12</b>	<b>Radiology Rounds</b>
9/23/2025	13	Asthma/EIB (Prior to Fall Sports)
9/30/2025	14	Hand and Wrist Fractures
10/7/2025	15	<b>Sports Dermatology</b>
10/14/2025	16	Pediatric Sports Medicine Concerns
10/21/2025	17	Sports Hip Pathology
10/28/2025	18	Sports Medicine Pharmacology: Banned Substances, NSAIDS, Glucocorticoids
11/4/2025	19	ACL Injuries and Management
11/11/2025	20	Common Upper Extremity Sports Related Fractures
11/18/2025	21	Sports Ophthalmology
11/25/2025	22	<b>THANKSGIVING WEEK: Nerve Entrapment of Upper/Lower Extremity (Handout in Box)</b>
12/2/2025	23	<i>AMSSM Abstracts Due</i>
12/2/2025	23	Rehabilitation after Total Knee Arthroplasty
<b>12/9/2025</b>	<b>24</b>	<b>Radiology Rounds</b>

12/16/2025	25	Consensus Statements and Journal Club
12/23/2025	26	CHRISTMAS WEEK: Environmental Issues (Altitude and Hypothermia Handout in Box)
12/30/2025	27	NEW YEARS WEEK: Self-Study
1/6/2026	28	Sports Medicine Neurology
1/13/2026	29	Patellofemoral Joint Injuries and Management
1/20/2026	30	Throwers Shoulder (Baseball/Softball Season)
1/27/2026	31	Throwers Elbow (Baseball/Softball Season)
2/3/2026	32	GUGI Injuries
2/10/2026	33	
2/15/2026	34	<i>ITE to be completed</i>
2/17/2026	34	Foot and Ankle
2/24/2026	35	Articular Cartilage Injuries
3/3/2026	36	Orthobiologics
3/10/2026	37	HNP
3/17/2026	38	Meniscus Injuries
3/24/2026	39	SPRING BREAK: Self-Study
3/31/2026	40	Exercise Prescription and Treadmill Testing
<b>4/7/2026</b>	<b>41</b>	<b>Radiology Rounds</b>
4/14/2026	42	Consensus Statements and Journal Club
4/21/2026	43	Exercise Physiology
4/28/2026	44	AMSSM: April 22-27 in Seattle, WA
5/5/2026	45	Research Poster Presentations
5/12/2026	46	Hand and Wrist Ligamentous/Tendon Injuries
<b>5/19/2026</b>	<b>47</b>	<b>Radiology Rounds</b>
5/26/2026	48	<b>PCSM Round Table</b>
6/2/2026	49	Self Study - Board Prep Time
6/9/2026	50	Self Study - Board Prep Time
6/16/2026	51	Self Study - Board Prep Time
6/23/2026	52	Self Study - Board Prep Time
6/30/2026	53	Self Study - Board Prep Time