

5 Things You Should Know About Serving Breastmilk to

1

Year Old Children

At Your Childcare Site

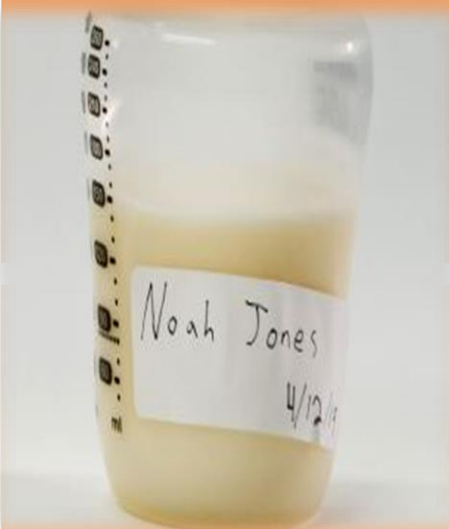
1

Breastmilk is a reimbursable substitute for children of ANY age.



2

No medical note or written request is required to serve breastmilk in place of fluid milk.



Mom can breastfeed onsite or provide expressed breastmilk, in cup labeled with **name and date expressed** to be fed to child.

3

If child is breastfed before or after mealtime, it should count towards the closest meal.

4

5

Minimum fluid milk serving size must be met. This means if the mother isn't able to provide the 4oz milk requirement, then whole unflavored milk can be used as a supplement.